

Betta Splendens

I had an aquarium as a child and all my life I have loved fish. They move very slow and they don't worry.

Of all the pets in the world the Betta is the least expensive. A one gallon glass jug is very adequate for a single betta. A two gallon fish bowl is better. Betta's like a little protection in their home. Personally I use a bit of plastic plant because it is so much easier than real plants which require a lot of light.

The biggest issue with bettas is the water. Tap water will kill them. You will need to remove the Chlorine and in some cases adjust the ph.

Ask your pet shop or visit

<http://www.bettatalk.com/water.htm>. Personally I change out half the water once a week and have kept most fish alive for years. Others may treat their water more carefully



Just as the water a fish lives in is important so are the surroundings of our children. Church is a healthier place than in front of the television. A youth group is healthier than belonging to a street gang. Christian music is healthier than gangster rap.

The other name for the betta is "Siamese Fighting Fish". This is why most people keep two bettas in different jars...to see the display when the males catch sight of each other. If allowed in the same tank with each other they will tear each other to pieces. This is a problem shared by most children.

According to Dr. Ross Campbell winner of the presidents award in pediatrics and author of "Kids at Risk" the single greatest danger to your child's health is his own anger. Not only are our children killing each other out of anger the emotion itself raises blood pressure and contributes to many other diseases. The angry child is less likely to make healthy relationships with others and does not digest his or her food properly. We recommend Dr. Campbell's book which though out of print can be obtained at most public libraries. Having a betta gives parents a chance to talk about aggressive behavior and healthy ways to deal with things we fear. God's way of dealing with problems is prayer...not anger. It one of the most valuable lessons we can and must teach.

Scripture *I want men everywhere to lift up holy hands in prayer, without **anger** or disputing. : 1 Timothy 2:8 (NIV)*