

# Summer Squash

It's Super Vegetable... Plant once Harvest Forever...Even the Flowers are Good.



100 squash from a single plant in a single season is not unheard of, twenty or thirty would be AVERAGE. Our choice is the crookneck summer squash but the patty pan is also very good.

**Children** will be kept busy picking the fruit (and flowers) and will learn to share what they grow with others.

If room is limited we like growing the squash plant(s) in a tire garden (see activities button). If you have room in your garden spade it up well, mix in a little fertilizer and plant the seeds about ½ inch deep. Many people plant them in an 18 inch hill, personally (in Kansas) I plant them in a little depression 2' across (4-5 seeds about 5" apart) so the water stays on them longer. If you see a squash bug kill it.

**The most fun part** is probably eating the flowers (many flowers are edible and we will make a page for that but at the moment the only one I can think of is the most popular: Nasturtium. For thousands of summer squash recipes do a google or bing search on the internet. Personally I slice them about a quarter inch thick, spread a TINY amount of butter on them and sprinkle with a different herb each day, then nuke them for 1-3 minutes ...to taste.

**The first lesson for children** is about investing. You plant, you nurture, you protect, you pray and you harvest. The art is the same whether you are investing in a dream, a future, a friend or a Bible promise. A few scriptures about planting and harvesting: [Psalm 92:13](#), 1 Corinthians 3:7, Luke 13:18-19, Luke 8:7, Mark 4:29-32, Matthew 15:13

**The Second lesson is about weeds:** Just pulling them may be lesson enough. Matthew 13:24-30,